



Archbishop O'Sullivan Catholic School Newsletter - April 2021



Principal: Lisa Bickerstaffe
Secretary: Kathleen Logan

St. Paul the Apostle Parish Priest: Father Sebastian Amato
Superintendent: Carey Smith-Dewey

Learn
Reflect
Change
Grow



As announced by the Minister of Education, March Break has been rescheduled to the week of April 12th.



A special thank you to Mr. Gaudet's class who organized our virtual Stations of the Cross.



The following students will receive special recognition at our virtual school assembly on Holy Thursday by Mr. Tymchuk for placing in the Knights of Columbus Substance Abuse Awareness Poster Contest:

1. Alcohol Abuse Awareness a. Age 8-10 (1) School winner and council runner up - Leo Barbosa
(2) Honourable mention - Chris Couture b. Age 11-13 (1) School winner and council runner up - Ella Burns
(2) Honourable mention - Sandra Mekhaeil
2. Drug Abuse Awareness a. Age 8-10 (1) School winner - Zander Boyle b. Age 11-13
(1) School Winner and Council runner up - Karley Murphy
(2) Honourable mention - Kate Hazell c. Age 14-17 (1) School winner and council winner - Raquel Matos



YMCA of Kingston Before/After School Care

We offer both an Extended Day (Kindergarten) and a School-Aged program. The hours are: 7:30 - 9:00 a.m. and 3:20 - 5:30 p.m. The contact is April Kirkpatrick, Supervisor 613-546-2647 x 237 april.kirkpatrick@eo.ymca.ca



Algonquin & Lakeshore
Catholic District School Board

Welcome to Kindergarten!



Kindergarten classes focus on faith formation, academic success and programs for children, all within a play-based learning environment. Teachers and Early Childhood Educators work together to develop your child's natural curiosity and excitement for learning. Archbishop O'Sullivan Catholic School ensures a caring and safe environment for your children, all while staying committed to the use of advanced technology in the classroom. Our staff would be happy to answer any questions you might have about enrolment and our school. To register the following **original documentation** will be required:

- Birth Certificate
- Baptismal Certificate
- Taxation Information
- Proof of Residency (eg. current utility bill, property tax bill, phone bill, agreement of purchase)
- Immunization record
- Relevant custody documents
- Relevant medical documents

For more information and to access to the pre-registration online process: <http://www.alcdsb.on.ca> or

[http://www.alcdsb.on.ca/school/abos/Pages/default.aspx#/=](http://www.alcdsb.on.ca/school/abos/Pages/default.aspx#/)

Check us out:

<https://www.youtube.com/watch?v=mK2vvTQYNuY&t=3s>






The Algonquin Lakeshore Catholic School Board and the ALCE Foundation will be hosting an online Silent Auction beginning the week of April 19 to raise funds for board families in financial crisis. Stay tuned to see some great items up for a bid.



Archbishop O'Sullivan's school web page is a great way of keeping current and up-to-date with what is going on at our school. School email: flhpabos@alcdsb.on.ca
Web site: www.alcdsb.on.ca/school/abos
Follow us on Twitter @alcdsb_abos



Safe Arrival Reporting System

<p style="text-align: center;">SchoolMessenger Mobile App</p> <div style="text-align: center;">  </div> <p style="text-align: center;">SchoolMessenger</p> <p>Download the app from the Apple App store or Google Play store.</p> <p>Sign up to create your account.</p> <p>To report an absence, select Attendance, then Report an Absence.</p>	<p style="text-align: center;">SchoolMessenger Website</p> <div style="text-align: center;">  </div> <p style="text-align: center;">go.schoolmessenger.ca</p> <p>Sign up to create your account.</p> <p>To report an absence, select Attendance, then Report an Absence.</p>	<p style="text-align: center;">Call toll-free</p> <div style="text-align: center;">  </div> <p style="text-align: center;">1-844-445-4383</p> <p>Call the toll-free number at 1-844-445-4383 to report your child's absence.</p> <p>You will be asked to enter your phone number that you have registered with the school.</p> <p>Follow the prompts to report your child's absence.</p>
---	---	--

Safe Arrivals Program – Report your Child's Absence
Archbishop O'Sullivan Catholic School has launched the Safe Arrivals Program in early December which allows parents/guardians to report their child's absence in a new, more convenient way. Using the SafeArrivals Program, parents/guardians will be able to report daily absences (such as an illness, medical appointment, etc.) and even schedule upcoming absences in one of three ways:

- SchoolMessenger mobile app
- SchoolMessenger website
- Calling toll-free 1-844-445-4505

Please note that all student absences or late arrivals will need to be communicated via the new system after our launch date. **Please refer to our school website for further information about using the SafeArrival Absence Reporting System.**



SCHOOL COUNCIL

Our next Catholic School Council virtual Microsoft Teams Meeting scheduled for **Wednesday, April 21st at 6:30 pm**. All are welcome. ☺ If you are not currently on the Catholic School Council contact list and would like to attend, please email the school and we will send you the Microsoft Teams link for our virtual meeting.

50 QUESTIONS TO ASK YOUR KIDS AFTER SCHOOL INSTEAD OF "HOW WAS YOUR DAY?"

- What made you smile today?
- Can you tell me an example of kindness you saw/showed?
- What did you do that was creative?
- Who did you sit with at lunch?
- Was anyone in your class gone today?
- Tell me something you know today that you didn't know yesterday.
- Did you like your lunch?
- What was the hardest rule to follow today?
- If you could change one thing about your day, what would it be?
- What made your teacher smile? What made her frown?
- If you could switch seats with anyone in class, who would it be? And why?
- What kind of person were you today?



Support our School Council fundraiser with Play! Gaming and Entertainment

This Gaming Centre supports various school community initiatives:

- Portion of cost of Agendas
- Outdoor and Physical Education equipment
- Classroom enhancements, allotment for extra classroom resources
- Lollar Rink support
- New technology (laptops, iPads, etc.)
- Support of our outdoor education centre
- End of year activities and so much more

Follow them on Twitter at **@playYGK**

Hand Hygiene

The first line of defense!

As the cold and flu season draws nearer, remember that hand hygiene is the single most important way to control the spread of infection. Teach your child how to clean their hands properly and re-enforce the message often.

Clean your hands before:

- preparing or eating food, or
- visiting someone who is sick.

Clean your hands after:

- using the bathroom,
- coughing, sneezing, wiping or blowing your nose,
- handling foods,
- handling garbage,
- outdoor activities, or
- playing with pets.

Soap or Sanitizer?

If hands look dirty, use soap and water. If they don't, use an alcohol-based hand rub.

For more information, visit www.kflaph.ca

www.kflaph.ca

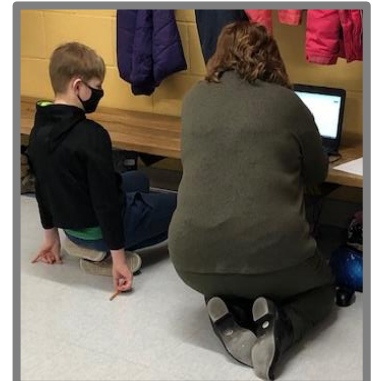
2016-10-28

★ Tips

How to wash your hands:



“ A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. ”
— Amelia Earhart



COVID-19 Updates

A copy of the March 25th letter about Asymptomatic Testing for students in the KFL&A region that was sent by School Messenger to families on March 25th is copied below. You will also note below the updated (April 1) “School and Child Care Screening Tool” KFL&A PH protocol. Please ensure you continue to actively screen your child prior to each school day, using the most up-to-date Screener. The current screening tool is located on our school website, ALCDSD website and on KFL&A PH site. In our ongoing efforts for school safety we continue to encourage students to bring additional masks to school. Often when students return from outside, they are wanting to change their mask. As a reminder, we ask all adults who come to the school for pick up or drop off to be wearing a mask. Thank you for your ongoing support as we work together for the health and safety of all.



ALONQUIN & LAKESHORE CATHOLIC DISTRICT SCHOOL BOARD
Asymptomatic Student Testing in KFLA Region

March 24, 2021

Dear Families,

As part of the Ministry of Education's enhanced COVID-19 school protocols, school boards are required to offer voluntary asymptomatic COVID-19 testing to students.

Targeted testing of students is voluntary and parent/guardian consent is required for students under the age of 18. In KFL&A, families who wish to have their student(s) tested may do so at one of two existing assessment centres.

The Community Assessment Centre (Kingston) located at the Beechgrove Complex (just south of the King St. West / Portsmouth Avenue intersection) Testing times – 4:00 p.m. to 4:30 p.m. daily Monday to Sunday

Link: [ALCDSB Asymptomatic Testing Booking Link](#) - (Kingston)

COVID-19 Assessment Centre (Lennox and Addington), LACCGH Westdale Campus, 12 Richmond Park Dr., Napanee. Testing times – 10:00 a.m. to 10:30 a.m. and 1:30 p.m. to 2:00 p.m. on Saturday and Sunday

Link: [ALCDSB Asymptomatic Testing Booking Link](#) - (Napanee)

Families will be asked to book appointments using the assessment centre's existing booking process (online or by telephone) and cite the appropriate Algonquin & Lakeshore Catholic District School Board identification #: EDU-ALCDSB-STD-01

No walk-ins are accepted. Students (or staff) need to book an appointment using the link provided. Should there be no registrations, or insufficient registrations, scheduled by 10 a.m. the same day, testing will be cancelled for that day. You are invited to reschedule.

If a student receives a positive COVID-19 test, regular protocols will be enacted by KFL&A Public Health. No Health information will be shared with the school other than for the purpose of contact tracing.

Students with symptoms of COVID-19, or those who have had an exposure, or are a contact of a confirmed case, should continue to seek testing through the Community Assessment Centre.

We realize this is a stressful time for many families and we are committed to keeping you updated as we receive more information and timelines for asymptomatic testing in your school community.

151 Dairy Ave, Napanee, Ontario K7R 4B2 Tel: 1 (813) 354.2255
Auto Attendant: 1 (813) 354.8257 Toll Free: 1 (800) 581.1116
Fax: 1 (813) 354.0351 info@alcdsb.on.ca

www.alcgsb.on.ca

Thank you for your continued support and adherence to public health protocols as we continue our mission to build faith filled learning communities where each member is loved, inspired, and successful.

Sincerely,

A handwritten signature in black ink, appearing to read "D. DeBorja".

Updated April 1, 2021

COVID-19










School and Child Care Screening Tool

Complete screening before attending child care or school.

For an online version, visit covid-19.ontario.ca/school-screening

1. Is your child/student or any household member currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or conditions they already have.

 <p>Fever 37.8°C or higher or chills</p>	 <p>Cough</p>	 <p>Shortness of breath</p>	 <p>Loss of taste or smell</p>	
 <p>Sore throat, painful swallowing</p>	 <p>Runny, stuffy, congested nose</p>	 <p>Headache that is unusual or long-lasting</p>	 <p>Nausea, vomiting, diarrhea</p>	 <p>Muscle aches or extreme tiredness that is unusual</p>

If anyone in your household has any symptom(s), a COVID-19 test is recommended for that individual. Your child/student and all household contacts must stay home and self-isolate until:

- The symptomatic individual receives a negative COVID-19 test result, **or**
- They receive an alternative diagnosis by a health care professional, **or**
- It has been 10 days since their symptom onset.

See back for additional return to school information.

If the symptomatic child/student does not seek COVID-19 testing, household members must isolate for 14 days from their last contact with that symptomatic child/student (a total of 24 days if the symptomatic child/student is not able to effectively self-isolate).

2. Has your child/student or anyone they live with travelled outside of Canada in the last 14 days? (Does not apply to those exempt from federal quarantine as per Group Exemptions Quarantine Requirements)
3. Has a doctor, health care provider, or public health unit told them that they should currently be isolating (staying at home)?
4. Have they been identified as a "close contact" of someone who currently has COVID-19 in the last 14 days?
5. Is anyone they live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?
6. In the past 14 days have you received an alert exposure through the COVID app. If yes, test and self isolate until you receive a negative test result.

If you answered **YES** to questions 2, 3, 4, 5, the child/student cannot attend school or childcare. They must stay home, self-isolate, and follow the advice of public health. Please inform your school/child care for attendance purposes.

kflaph.ca

 **KFL&A**
Public Health

To return to school/child care, your child/student must also meet the following requirements:

- they do not have a fever (without using medication),
- it has been at least 24 hours since their symptoms started improving (48 hours since last episode of vomiting or diarrhea if they experienced these symptoms),
- they feel well enough to attend, **AND**
- they pass the daily screening.

In addition to receiving a negative COVID-19 test result, or an alternative diagnosis or isolating for 10 days since their symptom onset.

How do I isolate my child/student?



Stay home



Wash hands frequently



Avoid contact with others



Cover coughs and sneezes



Keep your distance



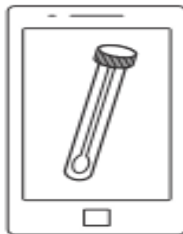
Wear a face covering, if possible

Note: All household members are **required** to isolate until the symptomatic individual receives a negative COVID-19 test result or an alternative diagnosis from a health care provider. For detailed isolation instructions, please visit kflaph.ca/SelfIsolation



How do I get my child/student tested for COVID-19?

Visit kflaph.ca/AssessmentCentre for information on locations and hours of operation for assessment centres in Kingston, Frontenac and Lennox & Addington Counties.



How do I access my child/student's COVID-19 test results?

Test results are available online at covid-19.ontario.ca.